



HANDS AND FEET

MANICURE	R 250
With polish	R 300
PEDICURE	R 300
With polish	R 350
TWICE AS NICE	
Manicure & Pedicure	R 500
With polish	R 550
Polish change - Hands/Feet	R 100

RELAXATION RETREAT ETIQUETTE

Arrive 5 minutes prior to your treatment time.

Please be silent & respect other guests' treatment time.

Strictly no nudity.

Please inform your therapist if you have any health problems prior to your treatment.

Price list is subject to change without prior notice.

Please switch off all mobile phones.

Should you wish to cancel your treatment(s), kindly note that 3 hours' notice is required or the full amount will be charged.

RELAXATION RETREAT MENU





RELAXATION RETREAT

Indulge in the luxury, comfort and relaxation that each of our retreats has to offer

BODY TREATMENTS

ELEPHANT SCRUB R 300

Full body scrub to remove the dead skin cells and improve circulation

RHINO SCRUB AND WRAP R 500

Full body scrub and wrap to fit your skins needs

LIONS SCRUB, WRAP AND MASSAGE

Start off your treatment with a full body scrub removing all the dead skin cells. Then being cocooned in the body wrap preparing your body for cleansing and relaxation

End it off with a Back, Neck and Shoulder or Full Body massage – pressure adjusted to your bodies special needs!

Back, Neck and Shoulders R 950
Full Body R 1200

MASSAGE TREATMENTS

BACK, NECK AND SHOULDERS
Concentrating on the stress relief area With Hot Stones 30min / R 300
30min / R 400

STRESS BUSTER 60min / R 750
Back, Neck and Shoulders followed by a Foot and Scalp massage

AROMATHERAPY 60min / R 600
Light, smooth, relaxing massage using a special blend of aromatherapy oil to suit your needs

DEEP TISSUE 60min / R 700
Helps relieve sore, stiff muscles aches and pains

HOT STONE 60min / R 750
Using heated volcanic stones to relax the muscles making it easier to relieve aches and pains

FACIAL TREATMENTS

POWER BOOSTER FACIAL 30min / R 500
Rejuvenate your skin

CARING FACIAL 60min / R 700
Putting back all that is lost due to our lifestyles. Removing all impurities and dead skin cells renewed

THE PACKAGE +-4 hours / R 2000

Kindly note that this package is only available during our summer programme due to the time constraints

THE BIG 5
Full Body Scrub
Full Body Wrap
Full Body Massage
Full Facial
Manicure/Pedicure